## PIR (postisometric relaxation) workshop 8. November 2008

Written by

Thursday, 26 March 2009 16:39 - Last Updated Saturday, 04 April 2009 00:15

Normal 0 21

The workshop took place on the 8th of November in the "Sv. Duh" hospital. There were 15 people present and two of them were doctors. A great team, and great company and we continue with the workshops in 2009. We covered 25 muscles.

Thanks to all that attended.

**DOWNLOAD ...**